

2017-18 Boy's Lacrosse Info



Pre Participation Requirements

Athletic physical and completed waivers on file with Planeths.com

Recommended - US Lacrosse membership

<http://www.uslacrosse.org/membership.aspx>

Equipment

Helmet, Stick, gloves, shoulder-chest pads, elbow pads, cleats, cup, and mouthpiece

There is a limited amount of school issued helmets, sticks, gloves, shoulder pads, and elbow pads. We will also host a team store selling sweatshirts, practice shorts, warm-ups, etc.

Important Dates:*

October 4 - October 27 Fall Ball Practices-full equipment (Wednesday - Friday 4-5:30 pm)

November 8 - December 1 Conditioning (Every Wednesday - Friday 4-5:30pm)

December 6 - December 15 Fall Ball Practices (Every Wednesday - Friday 4-5:30pm)

January 11 - January 20 Conditioning (Every Wednesday - Friday 4-5:30pm)

January 23- 25 3 Day Tryout

January 23 First mandatory practice (Varsity 4-6:30pm)

Tentative 2018 Boy's Lacrosse Schedule: These dates are subject to change.

2-19 @ NMB	3-15 vs Myrtle Beach	TBD- Varsity Game
2-22 vs Waccamaw (JV/V)	3-17 @ S. Brunswick	TBD JV vs Waccamaw JV
3-1 vs Socastee (JV/V)	3-19 @ Myrtle Beach	TBD JV vs Socastee JV
3-3 vs Academic Magnet	3-22 @ Waccamaw (JV/V)	4-16 to 4-25 Playoffs
3-5 vs Carolina Forest (JV/V)	3-26 @ Carolina Forest (JV/V)	4-28 State Championship
3-8 vs NMB	Spring Break Tournament	
3-10 vs James Island	4-9 @ Socastee (JV/V)	

Communication

Varsity Boys Head Coach: Joe Grega

School- (843)-650-5600 x. 2517 Fax: (843) 650-1004

Email- jgrega@horrycountyschools.net

JV Boys Coach: Rob Napoli

Phone- 1-516-984-6615 Email- roboshield@gmail.com

Group Texts and Alerts: **Group Me** App or Online

*Parent GroupMe - Group ID: 19585258 Phone: +1 860-506-6865

https://app.groupme.com/join_group/19585258/QLXh0y

*Student GroupMe - Group ID: 15794583 Phone: +1 740-277-1148

https://app.groupme.com/join_group/15794583/D0RQYr

Twitter @stjameslacrosse

Facebook: <https://www.facebook.com/St-James-Lacrosse-667527533344882/>

Google Calendar: [Html Format](#) [iCal Format](#)

Fundraisers and Team Functions

- Attractions Coupon Book Sale
- Car Wash @ Shark Club Buick Drive and 5k Fundraiser
- Rubber Ducky Race Ticket sales
- Barbecue ticket sales- Fall Date TBD
- Reverse Raffle Basket & tickets (January 2016)- We need items for the silent auction.
- Team restaurant nights- Panera- October 9 / Chipotle- November 10?

Physicals and Planet High School Accounts:

Planning on playing a sport next year? Important Info Below!!

Our training staff and Athletic Director are now requiring all athletes to register and input information into the following system.

NEW CHANGE... Prior to tryouts/ summer conditioning you **MUST** now create an account and fill out the physical packet online even if you already submitted a hard copy.

Visit <http://www.planeths.com> and click "sign up" or you can text S640 to 69274

BOTH parents and student need to make separate accounts. See attached letter for instructions on how to link parent and student accounts and complete the physical forms online.

If you have a student-athlete that will be participating in any middle school or high school athletic team you must follow the instructions that are attached to this letter. We need every student-athlete to have their physical and registration done before Jun 30, 2017. This will give our staff time to correct any problems prior to the start of next school year.

If you have any questions or concerns please contact your teams coach and let them know about the issues.

Parent & Athlete Meetings:

Fall Meetings in Room E217 @ SJHS

JV Parents (Athletes Welcome) - Wednesday, 9/20/17 @ 5:30

Varsity Athletes- Wednesday, 9/20/17 @ 3:30

Varsity Parents- Wednesday, 9/20/17 @ 5:30

Mandatory In Season Parent Meeting 1/29/18

